

### **ECG CHEAT SHEET**

- 1. Are there P waves?
- 2. Is it regular?
- 3. Is the QRS wide or narrow?
- 4. What is the rate?

- ATRIAL FIB
- 1. No P waves
- 2. Irregular
- 3. Usually a narrow QRS
- 4. Controlled Afib <90 bpm Uncontrolled Afib >90 bpm

### SINUS RHYTHM

- 1. P waves present (PR= .12-.20)
- 2. Regular
- 3. Narrow QRS (<.12)
- 4. 60 100 bpm

### ATRIAL FLUTTER

- 1. Flutter waves
- 2. Irregular or regular
- 3. Usually a narrow QRS
- 4. Varies on conduction

# FIRST DEGREE BLOCK

- 1. P waves (PR > .20)
- 2. Regular
- 3. Narrow QRS (<.12)
- 4. 60 100 bpm



## 2ND DEGREE BLOCK TYPE 1

- 1. PR elongates until dropped beat
- 2. Regular, with dropped beats
- 3. Narrow QRS
- 4. Dependent

# 1. No P waves or PR <.12

**IUNCTIONAL** 

- 2. Regular
- 3. Narrow QRS (<.12)
- 4. 40 60 bpm

### 2ND DEGREE BLOCK TYPE 2

- 1. 2 P waves for every QRS
- 2. Regular
- 3. Narrow QRS
- 4. Dependent

# VENTRICULAR

- 1. No P waves
- 2. Regular
- 3. Wide QRS (>.12)
- 4. 20 40 bpm

PAC = early beat with P wave

PJC = early beat, no P wave, narrow QRS

PVC = early beat, no P wave, wide

VTACH = Runaway Vent Rhythm

SVT = Fast heart rate that originates above the AV node

# WANDERING ATRIAL PACEMAKER

- 1. P waves with changing shape and a varial PR
- 2. Regular or irregular
- 3. Narrow QRS
- 4. WAP < 100 bpm MAT >100 bpm (Multifocal Atrial Tachycardia)